

MOVEMENT®



L I F E I S M O T I O N

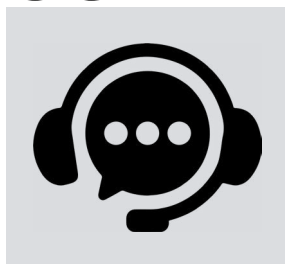


Contents.

02 ABOUT US



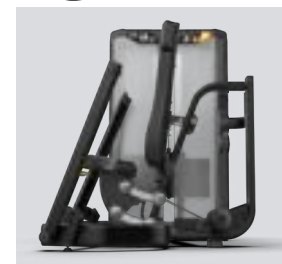
06 MOVEMENT SUPPORT



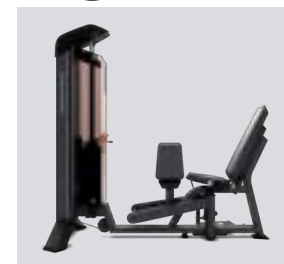
13 SHOW CASES



15 NEXT LINE



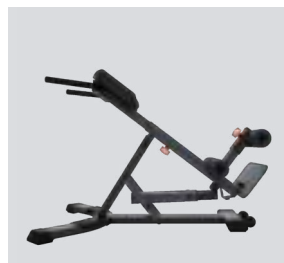
29 NEW EDGE LINE



35 IDEA LINE



41 BOLT LINE



43 FW LINE



47 CARDIO



61 BIONIC



The brand that best knows about fitness.

Movement has developed and manufactured fitness equipment with technology, quality, robustness, and more than award-winning design in a constant search for health and well-being for over 35 years.

Our facilities have modern and automated processes that develop robust equipment with the least market depreciation, ensuring excellent investment return and better resale value.

Our extensive service network, dealers, and authorized technical assistance ensure maximum agility and coverage.

MOVEMENT®





Pompeia-SP



Manaus-AM

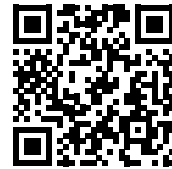
Get to know our factories

Movement's industrial complexes Pompéia, SP, and Manaus, AM, adopts the advanced production system LEAN, thus minimizing waste.

We base our production on scheduled demand, ensuring assembly line efficiency.

We use cutting-edge technology, including CNC tube bending, robotic welding, electrostatic painting, and 3D laser tube cutting for precision and perfect adjustment.

Movement's technological park is undoubtedly **the most advanced in Latin America.**



TAKE A FACTORY TOUR



BRUDDEN DA AMAZONIA LTDA
Manaus -AM / Brazil
Av. Autaz Mirim, 115

BRUDDEN EQUIPAMENTOS LTDA
Pompeia - SP / Brazil
Av. Industrial, 700

“

NO ONE GROWS ALONE



Lyo
Nishimura
Vice President

Key
Nishimura
CEO

Takashi
Nishimura
Founder of Movement

2023

Another year of outstanding releases. This time, a complete line of strength equipment – the NEXT line



2015

The EDGE strength line is internationally recognized: it receives the iF Design Award, considered “The Oscar of world design”.



2005

With the release of the Perform line and entering the external market, Moviment is now called Movement. Besides the new name, Movement has a new focus: the residential market. The new Perform line features two bicycles and a residential elliptical.



1999

The year the country’s best-selling professional treadmill, the first generation of the LX 160, was released. It granted Moviment a privileged place in fitness centers across the national territory.



1992

A year that was a highlight for Moviment, with an essential release, the Biocycle 2000 – BM2000 the first national bicycle with magnesium brakes. This enabled a new phase of development with ground-breaking technologies.



1988

Considering the residential market, Moviment released its first cardio training equipment, a stationary rowing machine, in its second year. An easily used home equipment that exercises upper and lower limbs and adapts to smaller spaces.



1987

With seven years of existence, Brudden starts a new phase in a new market – gym equipment. Moviment was then born and released in the market with the first AG14 body building equipment with 14 exercises.



2
factories
(Pompeia and
Manaus)

2
distribution centers
(São Paulo and Itajaí)

nº 1
in Latin America

+500
qualified
employees

12.000
pieces of equipment
manufactured annually

45.000
developed solutions annually

AWARDS



Red Dot Design Awards

E Line - Participation in the Design Hall of Fame



IF Design Awards

Edge Line
FIBO Innovation Award



Gold - European Product Design Award (2017)



IDEA Brasil - The best Brazilian Design

NEXT line - 1st place - gold



International Design Excellence Awards

Next Line - Nominated

Movement that never stops

High technology in processes

We adopt cutting-edge technologies in our manufacturing processes, such as automation and rigorous quality control, which ensure our equipment stands out in terms of performance and durability.

Internationally awarded products

Our products are recognized for their design, innovation, and quality excellence and have won international awards.

Brazilian company

Our equipment is manufactured in Brazil, allowing us to control the production process locally. This guarantees the quality, the rigorous follow-up, and the contribution to the national economy.

The most present brand in fitness centers in Brazil

Our predominant presence in Brazilian fitness centers is a testimony of the reliability and quality that make Movement the preferred choice nationwide.



A complete product portfolio: Cardio, Strength, and Functional

We offer a wide range of products, including cardio, strength, and functional, to satisfy different market segments.

2D and 3D layout development for spaces

2D and 3D custom-made design projects to optimize training areas. Each project is adapted to ensure efficient and fully optimized spaces for better training experiences.

Certified technical service

Our technical team is highly qualified and certified to provide reliable and efficient technical support and ensure equipment is in perfect working condition.

Easily sell your used equipment

Our equipment maintains excellent resale value throughout the years, so you can easily resell it in the market after using it for years.



Life is motion.

The body vibrates at every 150 heartbeats.
It moves frenetically to the sound of a pulsing heart.
It is like music to our ears.

Accelerated, the body asks for more. Faster. Stronger. Further.
And we answer this call. With discipline, sweat, and perseverance.
Because we trust people and expect the reward that always comes
so that, in the end, each cell celebrates with ecstasy, with a generous
dosage of well-being that takes over.

It is for this sensation we do this. Once, twice, three times, a thousand
times. Every day.

Because we believe movement drives us, and only the tireless have
enough energy to transform the world.

Our movement is for quality

Our movement has always been to seek excellence. Internally, we encourage quality in the processes by complying with several requirements, aiming at continuous improvement processes.

We are on the way, aware that we will take new flights soon.

The ISO 9001:2015 certification is nothing but the acknowledgment we are working to be the best at everything.

With it, Movement is part of a select group of companies worldwide with the ISO 9001:2015.

The Manaus Free Zone unit (AM) has had the quality certification since 2008.





PROGRAMA
BRASILEIRO DE
ELIMINAÇÃO DOS

HCFCs

Sustainability in the industry

Movement stands out in the market for its commitment to environmental sustainability and preservation.

Over the years, the company has been taking several actions to reduce its operations' environmental impact, helping protect the ozone layer and contributing to fulfilling Brazilian goals under the Montreal Protocol.

Movement is a beneficiary of the Brazilian HCFC Elimination Program and has worked to eliminate HCFC-141b consumption in its manufacturing processes. This initiative is fundamental to protect the Ozone Layer.

MOVEMENT®



eureciclo

We encourage recycling

Eureciclo is a Brazilian certification that stands out increasingly in the market as it is an efficient way of promoting recycling and correct solid waste disposal.

Movement is one of the companies that has committed to the environment by being one of the companies with this crucial certification.

By joining Eureciclo, Movement shows its commitment to sustainable development, and that it is possible to balance industrial production with environmental protection.

The company contributes to reducing greenhouse gas emissions and natural resource waste through this initiative. Also, it helps reduce the amount of waste sent to landfills.

Partnerships



INDIO DA COSTA A.U.D.T.

One of Brazil's most renowned architecture and design offices recognized worldwide for its bold and innovative lines, develops Movement fitness solutions that combine aesthetic, comfort, and performance.

UNIVERSITY OF SÃO PAULO (USP)

Movement relies on important partners to develop solutions in the fitness segment. The USP School of Physical Education and Sports Biomechanics Laboratory deserves attention. It is one of the leading biomechanics laboratories in the world, which, throughout the history of Movement, has been a unique partner in developing and validating leading solutions.

A significant highlight of this partnership is the creation of the Shock Absorber Control. This cutting-edge technology reduces the impact on our treadmills by up to 45% and customizes this reduction level to the specific needs of each user.



MOVEMENT



Movement: Your partner for an active and healthy lifestyle

With the growing appreciation for a healthy lifestyle, fitness spaces are becoming increasingly essential. Enrich your business and stand out in the market by providing a lifestyle that promotes physical and mental well-being with Movement equipment.

MARKETS WHERE WE ARE PRESENT



Fitness center networks



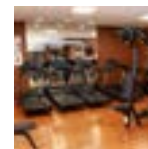
Traditional fitness centers



Hotels



Gated communities



Construction companies



Clubs



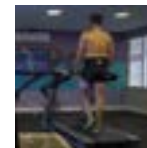
Universities



Boxing gyms



Studios



Clinics



Homes



SHOW CASES



LUXURIOUS AND DAZZLING VILLA MORRA APARTMENT - ASUNCIÓN / PARAGUAY



MEGATLON TIQUIPAYA - COCHABAMBA / BOLIVIA



ZAR DEL FITNESS - BUENOS AIRES / ARGENTINA



RESIDENCIAL VIA NATURALE - BRASÍLIA / BRAZIL



STUDIO WANDA HORTA - BRAZIL



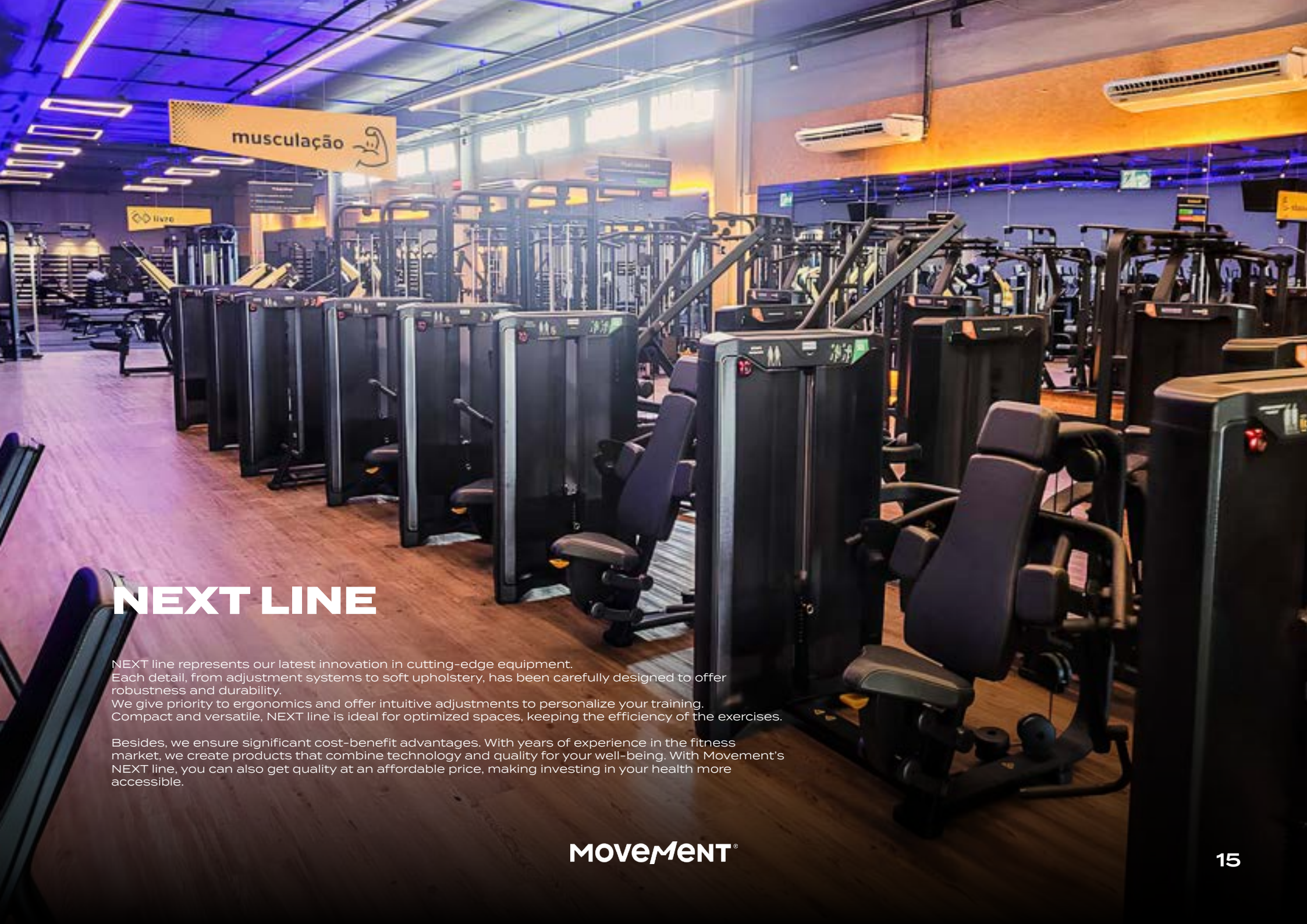
PANOBIANCO - BRAZIL



PIPNESS GYM - SANTO DOMINGO DE LOS COLORADOS / ECUADOR



PRIME - ASUNCIÓN / PARAGUAY



musculação

NEXT LINE

NEXT line represents our latest innovation in cutting-edge equipment. Each detail, from adjustment systems to soft upholstery, has been carefully designed to offer robustness and durability. We give priority to ergonomics and offer intuitive adjustments to personalize your training. Compact and versatile, NEXT line is ideal for optimized spaces, keeping the efficiency of the exercises.

Besides, we ensure significant cost-benefit advantages. With years of experience in the fitness market, we create products that combine technology and quality for your well-being. With Movement's NEXT line, you can also get quality at an affordable price, making investing in your health more accessible.

MOVEMENT[®]

SELECTORIZED



LEG EXTENSION

DIMENSIONS (L x W x H)	MAX. CAPACITY
137 x 110,2 x 145,8	265 lb (120,6 kg)



SEATED LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
153,4 x 107,6 x 145,8	250 lb (113,8 kg)



LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
155,3 x 108,1 x 145,8	191 lb (86,6 kg)



GLUTE

DIMENSIONS (L x W x H)	MAX. CAPACITY
102 x 90 x 146	176 lb (79,8 kg)



CALF EXTENSION

DIMENSIONS (L x W x H)	MAX. CAPACITY
159 x 104 x 146	295 lb (134 kg)



SEATED LEG PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
186,4 x 110,7 x 145,8	411 lb (186,8 kg)

SELECTORIZED



ADDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
167 x 81 x 146	295 lb (134 kg)



ABDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
167 x 81 x 146	295 lb (134 kg)



BACK EXTENSION

DIMENSIONS (L x W x H)	MAX. CAPACITY
132 x 98,7 x 146	176 lb (79.8 kg)



ABDOMINAL

DIMENSIONS (L x W x H)	MAX. CAPACITY
141,2 x 113,7 x 146	206 lb (93.4 kg)



BICEPS

DIMENSIONS (L x W x H)	MAX. CAPACITY
123,4 x 146 x 146	206 lb (93.4 kg)



TRICEPS PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
125,6 x 108,4 x 146	250 lb (113.8 kg)

SELECTORIZED



CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
124 x 138 x 146	280 lb (127.4 kg)



SHOULDER PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
155,1 x 144,1 x 146	191 lb (86.6 kg)



SEATED ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
119,9 x 128,8 x 146	250 lb (113.8 kg)



PULLDOWN

DIMENSIONS (L x W x H)	MAX. CAPACITY
152,8 x 137,5 x 194,8	250 lb (113.8 kg)

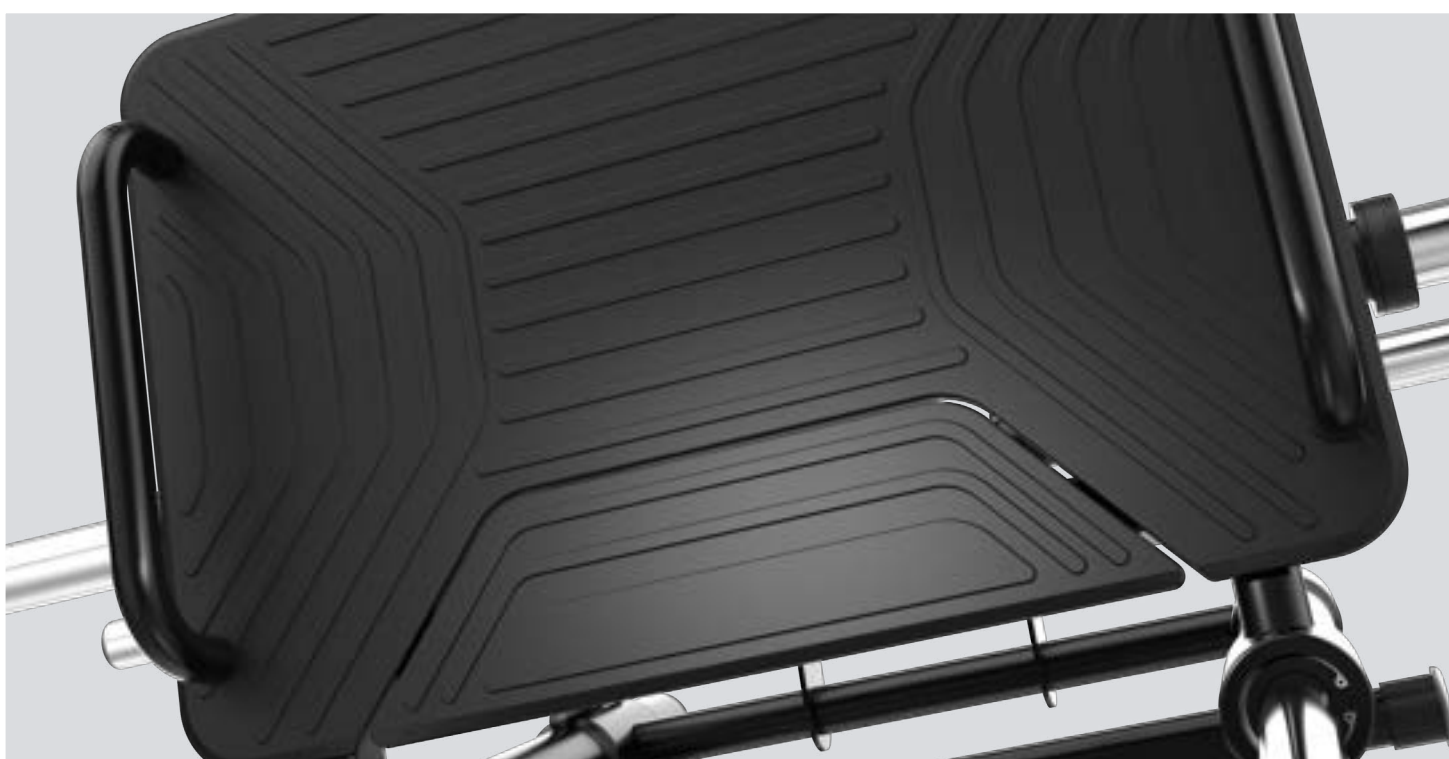
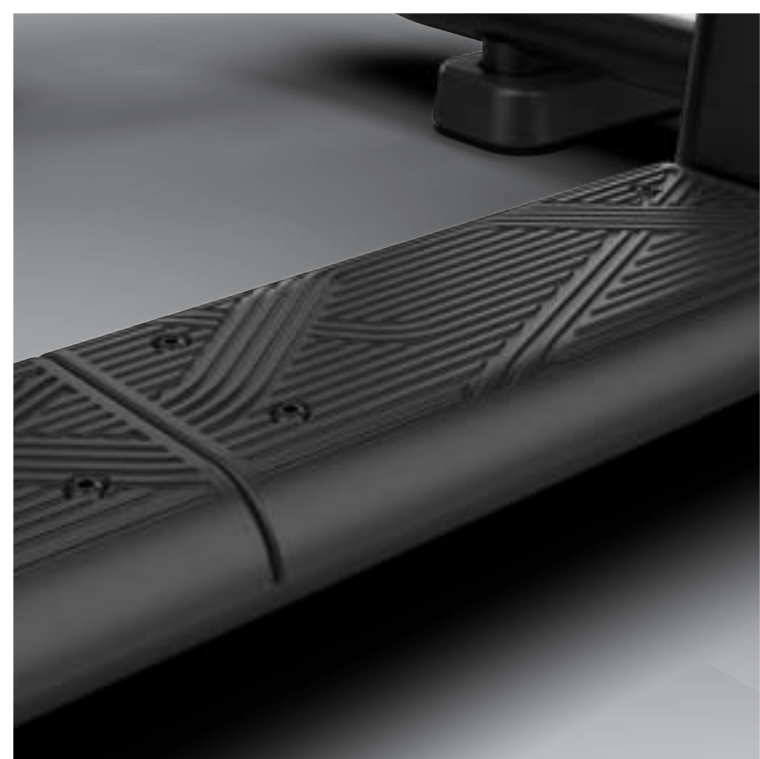


PEC FLY / REAR DELT

DIMENSIONS (L x W x H)	MAX. CAPACITY
158,3 x 135,2 x 199,1	250 lb (113.8 kg)









BENCHES & RACKS



ADJUSTABLE BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
154,9 x 79 x 43,3	507 lb (230 kg)



FLAT BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
133,3 x 79 x 43,3	551 lb (250 kg)



BACK EXTENSION BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
82,9 x 130,8 x 81,2	319 lb (145 kg)



DECLINE ABDOMINAL BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
71 x 156,1 x 94,7	319 lb (145 kg)

BENCHES & RACKS



UTILITY BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
75 x 92,9 x 91,9	599 lb (272 kg)



BICEPS BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
75,8 x 140 x 94,9	619 lb (281 kg)



LEG RAISE

DIMENSIONS (L x W x H)	MAX. CAPACITY
72,5 x 115 x 166,3	319 lb (145 kg)



OLYMPIC FLAT BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
177,7 x 180 x 123,5	551 lb (250 kg)



OLYMPIC INCLINE BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
180 x 200,3 x 139,8	551 lb (250 kg)



SQUAT RACK

DIMENSIONS (L x W x H)	MAX. CAPACITY
179,6 x 201 x 197	584 lb (265 kg)



MOVEMENT®

CABLES



PULLDOWN CABLE

DIMENSIONS (L x W x H)	MAX. CAPACITY
122,7 x 165,4 x 236,7	264 lb (120 kg)



GRAVITON

DIMENSIONS (L x W x H)	MAX. CAPACITY
116 x 142,3 x 234,4	220 lb (100 kg)

CABLES



CROSS 45°

DIMENSIONS (L x W x H)	MAX. CAPACITY
159,1 x 117,8 x 238,1	209 lb (95 kg)



CROSSOVER

DIMENSIONS (L x W x H)	MAX. CAPACITY
277,2 x 120 x 238,1	209 lb (95 kg)



MULTISTATION

DIMENSIONS (L x W x H): 314 x 224 x 237
MAX. CAPACITY: 2 RACKS WITH 209 lb (95 kg) + 11 lb (5 kg) FROM THE TOP PLATE (PULLEY);
2 RACKS WITH 264 lb (120 kg) + 11 lb (5 kg) FROM THE TOP PLATE (PULLDOWN AND LOW ROW)

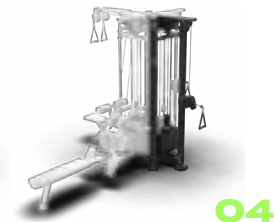
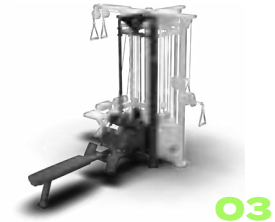
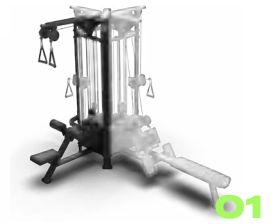




PLATE LOADED



PELVIC LIFT MACHINE

DIMENSIONS (L x W x H)	MAX. CAPACITY
121,3 x 158,4 x 123,5	551 lb (250 kg)



CALF EXTENSION BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
79 x 153,9 x 93,7	584 lb (265 kg)



LEG PRESS 45°

DIMENSIONS (L x W x H)	MAX. CAPACITY
157,2 x 245,1 x 155	1.863 lb (845 kg)

PLATE LOADED



SMITH MACHINE

DIMENSIONS (L x W x H)	MAX. CAPACITY
215,6 x 122,3 x 228,2	595 lb (135 kg)



SQUAT MACHINE

DIMENSIONS (L x W x H)	MAX. CAPACITY
133,1 x 223,9 x 155,3	870 lb (395 kg)





NEXT

PLATE LOADED

Developed with the highest biomechanics, ergonomics, and safety standards, NEXT's Plate Loaded equipment combines robustness and efficiency to withstand any challenge and satisfy different audiences.

Whether you are a beginner or an experienced athlete, NEXT adapts to your rhythm.

This equipment is ideal for high-load training and provides comfort and safety in all steps of the exercises.

It offers one-sided and simultaneous movement options. All of this is aimed at a better training experience.

PLATE LOADED

⚠ The colors of the equipment may change due to the printing mode.



HIGH ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
177 x 160 x 192	462 lb (210 kg)



LOW ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
152 x 170 x 140	440 lb (200 kg)



DECLINE CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
114 x 153 x 187	440 lb (200 kg)



INCLINE CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
130 x 167 x 171	440 lb (200 kg)



KNEELING LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
124 x 143 x 128	220 lb (100 kg)



SQUAT LUNGE

DIMENSIONS (L x W x H)	MAX. CAPACITY
133 x 166 x 81	749 lb (340 kg)

NEW EDGE LINE



MOVEMENT®

SELECTORIZED



PULLDOWN CABLE

DIMENSIONS (L x W x H)	MAX. CAPACITY
141 x 105 x 225	248 lb (112,5 kg)



LOW ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
210 x 105 x 215	248 lb (112,5 kg)

SELECTORIZED



SEATED ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
128 x 151 x 170,6	259 lb (117,5 kg)



BICEPS

DIMENSIONS (L x W x H)	MAX. CAPACITY
120 x 130 x 170,6	248 lb (112,5 kg)



TRICEPS PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
119 x 132 x 170,6	259 lb (117,5 kg)



ABDOMINAL

DIMENSIONS (L x W x H)	MAX. CAPACITY
147 x 117 x 171	248 lb (112,5 kg)



CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
128 x 157 x 170,6	248 lb (112,5 kg)



SHOULDER PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
156 x 163 x 170,6	259 lb (117,5 kg)

SELECTORIZED



SEATED LEG PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
206 x 130 x 215,6	496 lb (225 kg)



GLUTE

DIMENSIONS (L x W x H)	MAX. CAPACITY
150 x 132 x 170,6	248 lb (112,5 kg)



SEATED LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
128 x 118 x 170,6	264 lb (120 kg)



LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
150 x 174 x 170,6	281 lb (127,5 kg)



LEG EXTENSION

DIMENSIONS (L x W x H)	MAX. CAPACITY
128 x 118 x 170,6	264 lb (120 kg)



ADDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
191 x 105 x 170,6	264 lb (120 kg)

SELECTORIZED



ABDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
191 x 105 x 170,6	264 lb (120 kg)



ADDUCTOR / ABDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
191 x 105 x 170,6	264 lb (120 kg)



LEG EXTENSION / SEATED LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
127 x 142 x 171	281 lb (127,5 kg)



PULLDOWN CABLE / LOW ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
210 x 105 x 225	248 lb (112,5 kg)



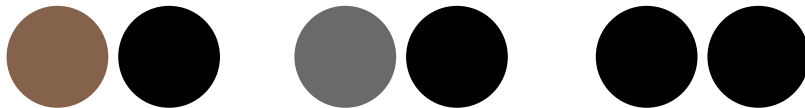
PEC FLY / REAR DELT

DIMENSIONS (L x W x H)	MAX. CAPACITY
121 x 118 x 230	325 lb (147,5 kg)





UPHOLSTERY COLOR OPTIONS



CHECK AVAILABILITY.

FAIRING OPTIONS



SMOKED



TRANSLUCENT



MOVEMENT®

IDEA LINE



MOVEMENT®

SELECTORIZED



ABDUCTOR

<u>DIMENSIONS (L x W x H)</u>	<u>MAX. CAPACITY</u>
157 x 66,5 x 146	228 lb (103,5 kg)



ADDUCTOR

<u>DIMENSIONS (L x W x H)</u>	<u>MAX. CAPACITY</u>
157 x 66,5 x 146	228 lb (103,5 kg)

SELECTORIZED



SEATED LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
103 x 108 x 145	228 lb (103,5 kg)



LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
108 x 107,6 x 146	228 lb (103,5 kg)



LEG EXTENSION

DIMENSIONS (L x W x H)	MAX. CAPACITY
138 x 111 x 146	228 lb (103,5 kg)



SEATED LEG PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
189 x 109 x 192	346 lb (157 kg)



GLUTE

DIMENSIONS (L x W x H)	MAX. CAPACITY
133 x 102 x 146	173 lb (78,5 kg)



ABDOMINAL

DIMENSIONS (L x W x H)	MAX. CAPACITY
131 x 107 x 155	173 lb (78,5 kg)

SELECTORIZED



BICEPS

DIMENSIONS (L x W x H)	MAX. CAPACITY
102 x 111 x 146	184 lb (83,5 kg)



TRICEPS PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
119 x 115 x 146	184 lb (83,5 kg)



SEATED ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
127 x 139 x 146	228 lb (103,5 kg)



SHOULDER PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
154 x 139 x 146	228 lb (103,5 kg)



CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
137 x 122 x 146	228 lb (103,5 kg)



PECTORAL FLY

DIMENSIONS (L x W x H)	MAX. CAPACITY
146 x 124 x 146	228 lb (103,5 kg)

SELECTORIZED



ADDUCTOR / ABDUCTOR

DIMENSIONS (L x W x H)	MAX. CAPACITY
157 x 66,5 x 146	228 lb (103,5 kg)



PULLDOWN CABLE / LOW ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
197 x 66,5 x 222	228 lb (103,5 kg)



LEG EXTENSION / SEATED LEG CURL

DIMENSIONS (L x W x H)	MAX. CAPACITY
159 x 115 x 146	228 lb (103,5 kg)





FAIRING OPTIONS



BLACK FAIRING



SMOKED FAIRING



BLACK OR SMOKED FAIRING WITH A TIMER



BLACK OR SMOKED FAIRING, ONLY REAR, WITHOUT A TIMER

CHECK AVAILABILITY.



BOLT LINE

PLATE LOADED



LOW ROW

DIMENSIONS (L x W x H)	MAX. CAPACITY
125 x 162 x 144	440 lb (200 kg)



PULLDOWN

DIMENSIONS (L x W x H)	MAX. CAPACITY
126 x 161 x 190	440 lb (200 kg)



SHOULDER PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
160 x 152 x 129	440 lb (200 kg)

PLATE LOADED



INCLINE CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
130 x 161 x 187	440 lb (200 kg)



CHEST PRESS

DIMENSIONS (L x W x H)	MAX. CAPACITY
130 x 161 x 187	440 lb (200 kg)



FW LINE

BENCHES & RACKS



ADJUSTABLE BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
137 x 73 x 43	496 lb (225 kg)



FLAT BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
122 x 61 x 43	496 lb (225 kg)



ABDOMINAL BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
111 x 61 x 45	297 lb (135 kg)



**ADJUSTABLE DECLINE
ABDOMINAL BENCH**

DIMENSIONS (L x W x H)	MAX. CAPACITY
132 x 91 x 109	297 lb (135 kg)

BENCHES & RACKS



UTILITY BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
61 x 61 x 89	496 lb (225 kg)



FREE GRAVITON

DIMENSIONS (L x W x H)	MAX. CAPACITY
116 x 111 x 210	297 lb (135 kg)



BICEPS BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
106 x 61 x 86	518 lb (235 kg)



SQUAT RACK

DIMENSIONS (L x W x H)	MAX. CAPACITY
162 x 127 x 183	297 lb (135 kg)



CALF EXTENSION BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
140 x 61 x 86	518 lb (235 kg)



BACK EXTENSION BENCH

DIMENSIONS (L x W x H)	MAX. CAPACITY
122 x 89 x 114	297 lb (135 kg)



ROMAN CHAIR

DIMENSIONS (L x W x H)	MAX. CAPACITY
137 x 61 x 86	297 lb (135 kg)

MULTI STATIONS



movement®



01
STATION

W2

DIMENSIONS (L x W x H)	MAX. CAPACITY
146 x 108 x 200	150 lb (68 kg)



02
STATIONS

W4

DIMENSIONS (L x W x H)	MAX. CAPACITY
190 x 192 x 200	150 lb (68 kg)



04
STATIONS

W9

DIMENSIONS (L x W x H)	MAX. CAPACITY
314 x 280 x 223	165 lb (75 kg)



W CROSS SMITH RACK

A 3-in-1 solution
that offers more than
30 types of exercises

Dimension (L x W x H):
218,4 cm x 162,4 cm x 232,4 cm

Equipment weight: 910 lb (412,8 kg)

Maximum load:
209 lb (95 kg)
104 lb (47,5 kg) per weight tower

Maximum load on Smith:
440 lb (200 kg)
220 lb (100 kg) each side

**Maximum load on the Free
Squat Rack:**
220 lb (100 kg)
110 lb (50 kg) each side

Number of pulley adjustments:
23 levels

Weight plate storage on racks:
4 racks with space for four 55 lb
(25 kg) weight plates

PROFESSIONAL TREADMILLS

More than just an exercise, jogging on a Movement treadmill becomes a unique experience with fantastic comfort and benefits for your physical and mental health.

MOVEMENT



SAC

SHOCK ABSORBER CONTROL

*OPTIONAL

RT 250 G3

RUNNING SURFACE AREA (L x W): 148 x 50
DISPLAY: TFT 9"



RT 150 G3

RUNNING SURFACE AREA (L x W): 148 x 50
DISPLAY: TFT 9"



Up to 45% impact reduction system



Bluetooth connectivity with Zwift and Kinomap



With incline



The belt does not require lubrication



RT I LED

RUNNING SURFACE AREA (L x W): 148 x 50
DISPLAY: LED



RT LED

RUNNING SURFACE AREA (L x W): 148 x 50
DISPLAY: LED



X 3.0 i

RUNNING SURFACE AREA (L x W): 156,5 x 60
DISPLAY: TFT 9"



X 4.6 i

RUNNING SURFACE AREA (L x W): 156,5 x 60
DISPLAY: TFT 9"



X 4.6 TSI

RUNNING SURFACE AREA (L x W): 156,5 x 60
DISPLAY: TOUCH SCREEN 15"



LX 160 i

RUNNING SURFACE AREA (L x W): 133 x 47
DISPLAY: BACKLIGHT LCD



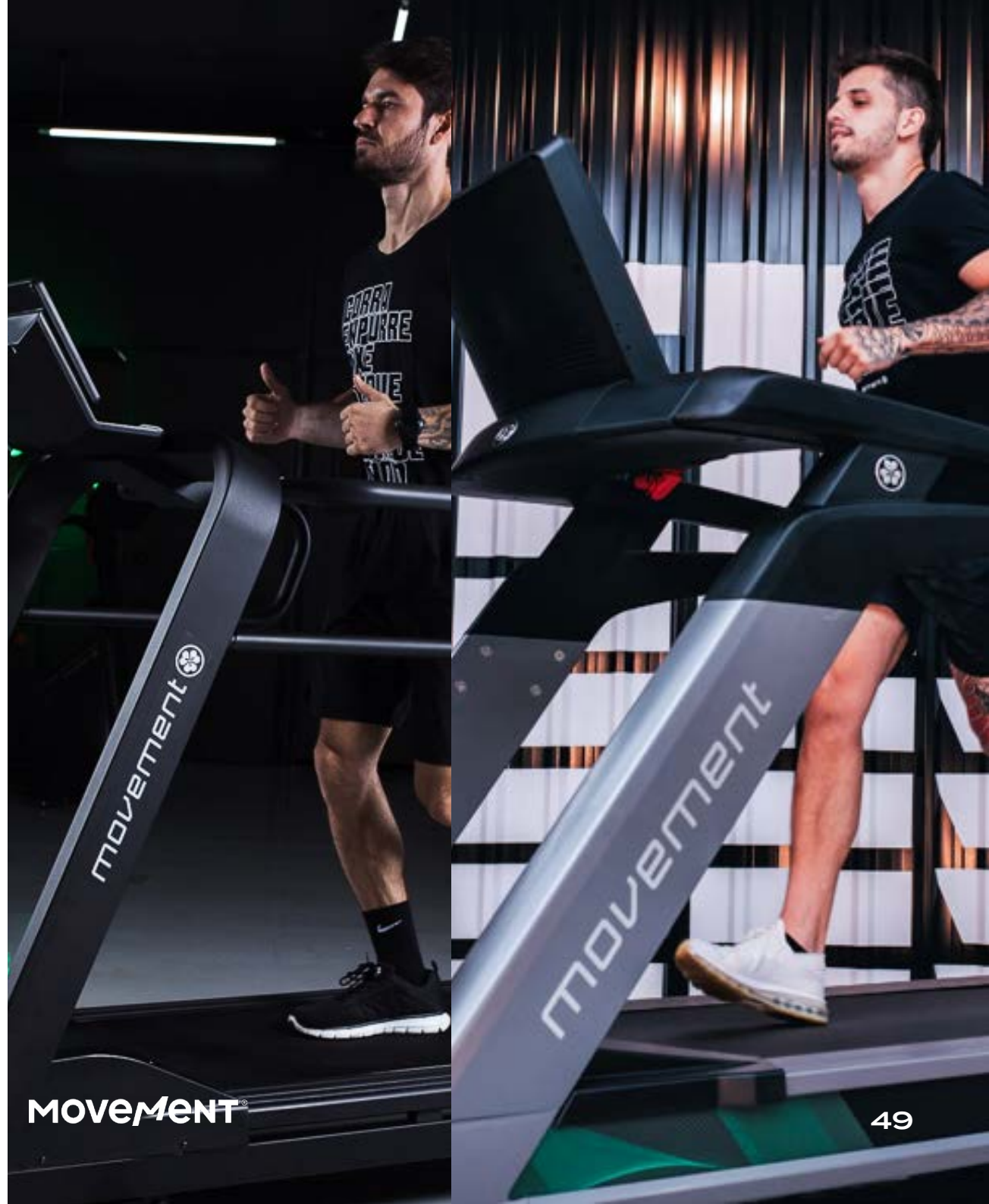
LX 160

RUNNING SURFACE AREA (L x W): 133 x 47
DISPLAY: MONOCHROMATIC LCD



LX 150

RUNNING SURFACE AREA (L x W): 133 x 47
DISPLAY: MONOCHROMATIC LCD



MOVEMENT[®]

TECHNICAL COMPARISON

TREADMILLS

LINE	LX 150	LX 160	LX 160 i	RT LED	RT i LED	RT 150 G3	RT 250 G3	X 3.0 i	X 4.6 i	X 4.6 TSI
DISPLAY	MONOCHROMATIC LCD	MONOCHROMATIC LCD	BACKLIGHT LCD	LED	LED	TFT 9"	TFT 9"	TFT 9"	TFT 9"	TOUCH SCREEN 15"
TRAINING PROGRAMS	8	8	8	7	7	10	11	11	11	9
SPEED SHORTCUTS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
EMERGENCY STOP BUTTON	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
HEART CHECK	HANDGRIP	HANDGRIP	HANDGRIP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP
MOTOR	1.8 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	3 HP PEAK POWER	4.6 HP PEAK POWER	4.6 HP PEAK POWER
SPEED	1.2 - 14 KM/H	1.2 - 18 KM/H	1.2 - 18 KM/H	1.2 - 18 KM/H	1.2 - 18 KM/H	1.2 - 18 KM/H	1.2 - 18 KM/H	0.5 - 18 KM/H	0.5 - 25 KM/H	0.5 - 25 KM/H
CUSHIONING SYSTEM	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	CUSHIONS ELASTIC	NO
SHOCK ABSORBER CONTROL	NO	NO	NO	NO	NO	NO	YES (OPTIONAL)	NO	NO	YES
INCLINE	NO	NO	0 - 15%	NO	0 - 15%	NO	0 - 15%	-2 - 18%	-2 - 18%	-2 - 18%
DIMENSION (LxWxH) - CM	190 x 77 x 144	190 x 77 x 144	190 x 77 x 144	212 x 86 x 145	212 x 86 x 145	212 x 86 x 145	212 x 86 x 145	216 x 87 x 160.5	216 x 87 x 160.5	216 x 87 x 160.5
RUNNING SURFACE AREA (W X L) - CM:	47 x 133	47 x 133	47 x 133	50 x 148	50 x 148	50 x 148	50 x 148	60 x 156,5	60 x 156,5	60 x 156,5
USER'S MAXIMUM WEIGHT	264 lb (120 kg)	330 lb (150 kg)	330 lb (150 kg)	352 lb (160 kg)	352 lb (160 kg)	352 lb (160 kg)	352 lb (160 kg)	397 lb (180 kg)	397 lb (180 kg)	397 lb (180 kg)
EQUIPMENT WEIGHT	233 lb (106 kg)	238 lb (108 kg)	242 lb (110 kg)	355 lb (161 kg)	355 lb (161 kg)	355 lb (161 kg)	355 lb (161 kg)	352 lb (160 kg)	352 lb (160 kg)	352 lb (160 kg)
STRUCTURE	STEEL	STEEL	STEEL	STEEL	STEEL	STEEL	STEEL	STEEL	STEEL	STEEL
PAINTING	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER
FAIRING	INJECTED IN HIGH-STRENGTH ABS AND P.P.	INJECTED IN HIGH-STRENGTH ABS AND P.P.	INJECTED IN HIGH-STRENGTH ABS AND P.P.	INJECTED AND ROTOMOLDED IN P.P. AND ABS	INJECTED AND ROTOMOLDED IN P.P. AND ABS	INJECTED AND ROTOMOLDED IN P.P. AND ABS	INJECTED AND ROTOMOLDED IN P.P. AND ABS	INJECTED IN HIGH-STRENGTH ABS, P.P., AND PC/ABS	INJECTED IN HIGH-STRENGTH ABS, P.P., AND PC/ABS	INJECTED IN HIGH-STRENGTH ABS, P.P., AND PC/ABS
LUBRICATION	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE	LUBFREE
FLOOR SIMULATION	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES
TENSION	110V OR 220V	110V OR 220V	110V OR 220V	110V OR 220V	110V OR 220V	110V OR 220V	110V OR 220V	220 V (50/60Hz)	220 V (50/60Hz)	220 V (50/60Hz)
TRANSPORT WHEELS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
USB FLASH PORT	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO
SQUEEZE/OBJECT HOLDER	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES



Movement Treadmills are now lubrication-free!

Movement treadmill belts are lubricated automatically, so they do not require periodic lubrication.

The belt's durability increases by up to 50%.

Idle treadmills never again! Your gym keeps working.

With that, you save time and money.





PROFESSIONAL BIKES



MOVEMENT®



RTU

DIMENSIONS (L x W x H): 105 x 56 x 139

RESISTANCE LEVELS: 14

DISPLAY: BACKLIGHT LCD



RTR

DIMENSIONS (L x W x H): 168 x 61 x 122

RESISTANCE LEVELS: 20

DISPLAY: BACKLIGHT LCD



LXR

DIMENSIONS (L x W x H): 168 x 61 x 122
RESISTANCE LEVELS: 20
DISPLAY: LCD



LXU

DIMENSIONS (L x W x H): 105 x 56 x 139
RESISTANCE LEVELS: 14
DISPLAY: LCD



TOUR

DIMENSIONS (L x W x H): 137 x 54 x 130
FLYWHEEL INERTIA WEIGHT: 19 kg



TOUR S

DIMENSIONS (L x W x H): 125 x 54 x 130
FLYWHEEL INERTIA WEIGHT: 30 kg

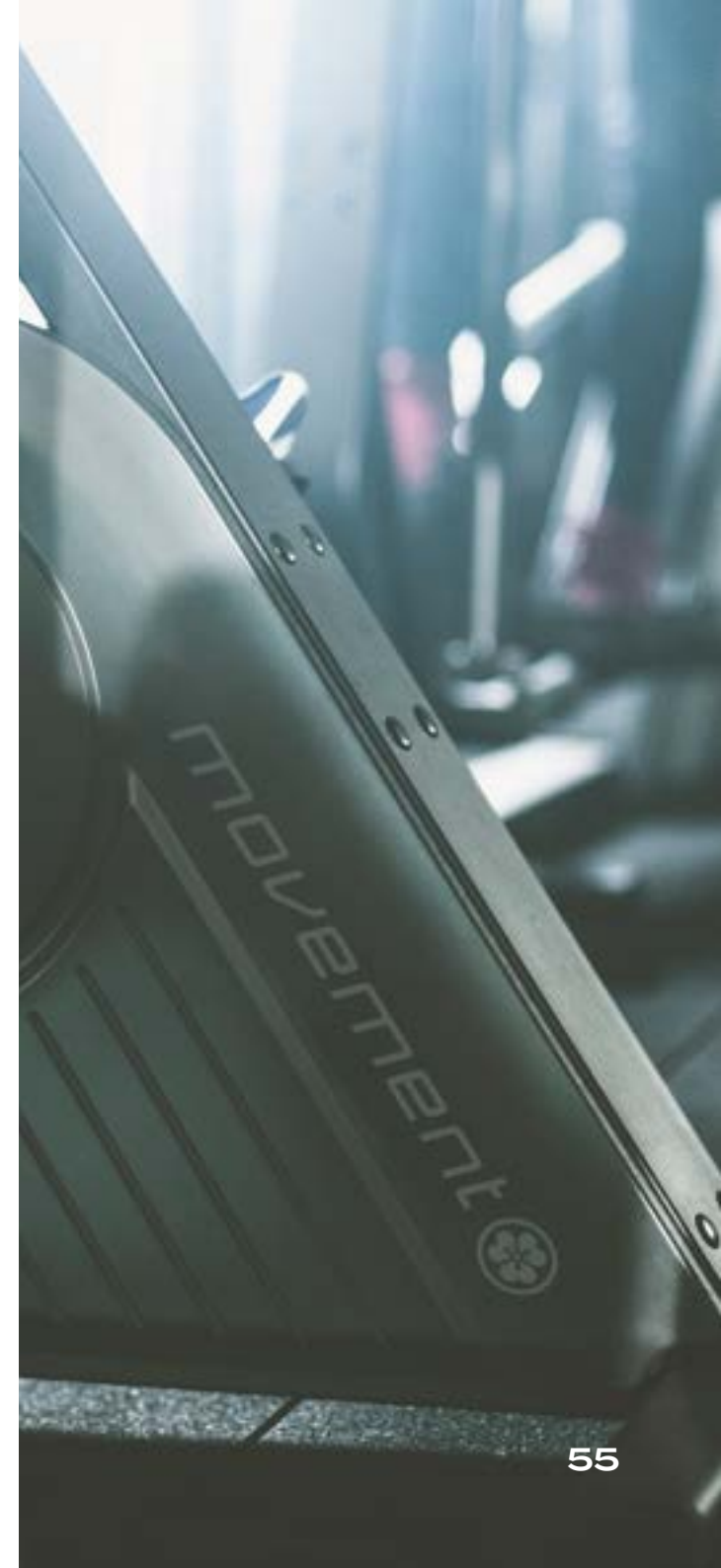
MOVEMENT®



TECHNICAL COMPARISON

BIKES

LINE	LXR	LXU	RTR	RTU
DISPLAY	LCD	LCD	BACKLIGHT LCD	BACKLIGHT LCD
TRAINING PROGRAMS	7 - 10-MIN TRAINING; TIME; DISTANCE; CALORIES; FAT BURNING; CARDIO; TARGET CARDIO.	7 - 10-MIN TRAINING; TIME; DISTANCE; CALORIES; FAT BURNING; CARDIO; TARGET CARDIO.	12 - 10-MIN TRAINING; 30-MINUTE TRAINING; TIME ADJUSTMENT;- DISTANCE ADJUST- MENT; WATTS ADJUSTMENT; FAT BURNING; HEART FREQUENCY; TARGET CARDIO; 20/10 INTERVAL; 10/20 INTERVAL; CUSTOM INTERVAL.	12 - 10-MIN TRAINING; 30-MINUTE TRAINING; TIME ADJUSTMENT;- DISTANCE ADJUST- MENT; WATTS ADJUSTMENT; FAT BURNING; HEART FREQUENCY; TARGET CARDIO; 20/10 INTERVAL; 10/20 INTERVAL; CUSTOM INTERVAL.
USER'S HEIGHT RANGE	1,50 - 2,00 m	1,50 - 2,00 m	1,50 - 2,00 m	1,50 - 2,00 m
HEART CHECK	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP	HANDGRIP AND RECEIVER FOR CHEST STRAP
DIMENSION (LxWxH) - CM	168 x 61,3 x 122	105 x 56 x 139	168 x 61,3 x 122	105 x 56 x 139
USER'S MAXIMUM WEIGHT	330 lb (150 kg)	330 lb (150 kg)	330 lb (150 kg)	330 lb (150 kg)
EQUIPMENT WEIGHT	135 lb (61,4 kg)	92 lb (42 kg)	135 lb (61,4 kg)	92 lb (42 kg)
STRUCTURE	STEEL	STEEL	STEEL	STEEL
PAINTING	ELECTROSTATIC	ELECTROSTATIC	ELECTROSTATIC	ELECTROSTATIC
FAIRING	ROTMOLDED IN POLYPROPYLENE	ROTMOLDED IN POLYPROPYLENE	ROTMOLDED IN POLYPROPYLENE	ROTMOLDED IN POLYPROPYLENE
RESISTANCE SYSTEM	MAGNETIC	MAGNETIC	ELECTROMAGNETIC	ELECTROMAGNETIC
MAXIMUM LOAD	MAXIMUM LOAD OF 640 WATTS TO 120 RPM	MAXIMUM LOAD OF 640 WATTS TO 120 RPM	MAXIMUM LOAD OF 760 WATTS TO 120 RPM	MAXIMUM LOAD OF 760 WATTS TO 120 RPM
MINIMUM LOAD	MINIMUM LOAD OF 14.6 WATTS TO 25 RPM	MINIMUM LOAD OF 14.6 WATTS TO 25 RPM	MINIMUM LOAD OF 11.5 WATTS TO 25 RPM	MINIMUM LOAD OF 11.5 WATTS TO 25 RPM
SEAT ADJUSTMENTS	8 LEVELS	8 LEVELS	24 LEVELS	24 LEVELS
TRANSPORT WHEELS	YES	YES	YES	YES
SQUEEZE/OBJECT HOLDER	YES	YES	YES	YES



ELLIPTICAL CROSS TRAINERS



RTS

DIMENSIONS (L x W x H): 180,5 x 78,5 x 167

RESISTANCE LEVELS: 24

DISPLAY: BACKLIGHT LCD



RTE

DIMENSIONS (L x W x H): 210,5 x 58,5 x 167

RESISTANCE LEVELS: 24

DISPLAY: BACKLIGHT LCD



LXE

DIMENSIONS (L x W x H): 210,5 x 58,5 x 167

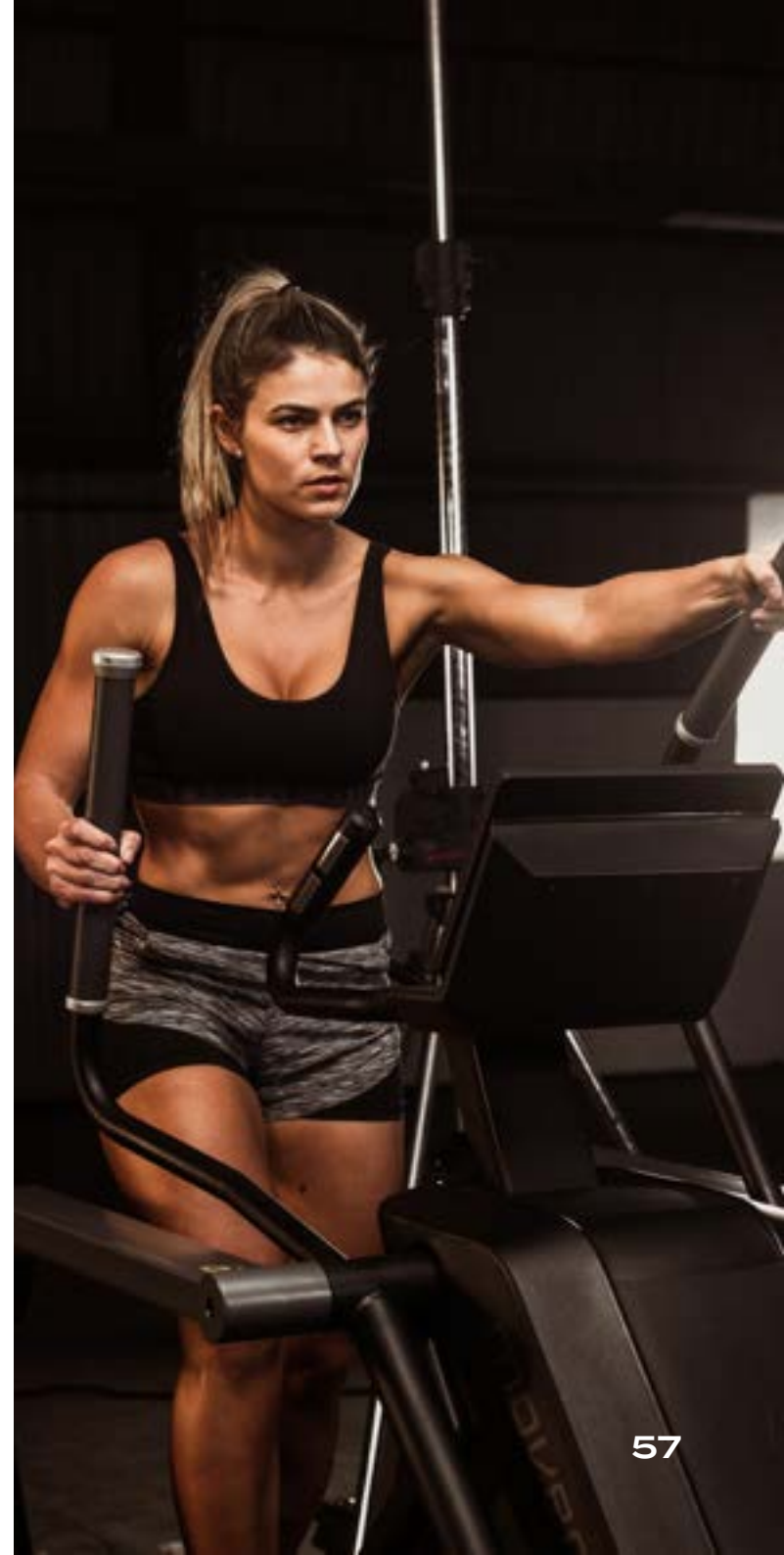
RESISTANCE LEVELS: 8

DISPLAY: LCD

TECHNICAL COMPARISON

ELLIPTICAL CROSS TRAINERS

LINE	LXE	RTE	RTS
DISPLAY	LCD	LCD WITH BACKLIGHT	LCD WITH BACKLIGHT
TRAINING PROGRAMS	7 - 10-MIN TRAINING; TIME; DISTANCE; CALORIES; FAT BURNING; CARDIO; TARGET CARDIO.	12 - 10-MIN TRAINING; 30-MINUTE TRAINING; TIME ADJUSTMENT;DIS- TANCE ADJUSTMENT; WATTS ADJUSTMENT; FAT BURNING; HEART FREQUENCY; TARGET CARDIO; 20/10 INTERVAL; 10/20 INTERVAL; CUSTOM INTERVAL.	12 - 10-MIN TRAINING; 30-MINUTE TRAINING; TIME ADJUSTMENT;DIS- TANCE ADJUSTMENT; WATTS ADJUSTMENT; FAT BURNING; HEART FREQUENCY; TARGET CARDIO; 20/10 INTERVAL; 10/20 INTERVAL; CUSTOM INTERVAL.
USER'S HEIGHT RANGE	1,50 - 2,00 m	1,50 - 2,00 m	1,50 - 2,00 m
HEART CHECK	HANDGRIP	HANDGRIP	HANDGRIP AND RECEIVER FOR CHEST STRAP
DIMENSION (LxWxH) - CM	210,5 x 58,5 x 167	210,5 x 58,5 x 167	185,5 x 78,5 x 167
USER'S MAXIMUM WEIGHT	330 lb (150 kg)	330 lb (150 kg)	330 lb (150 kg)
EQUIPMENT WEIGHT	182 lb (82,9 kg)	182 lb (82,9 kg)	321 lb (146 kg)
STRUCTURE	STEEL	STEEL	STEEL
PAINTING	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER	ELECTROSTATIC POWDER
RESISTANCE SYSTEM	MAGNETIC	ELECTROMAGNETIC	ELECTROMAGNETIC
RESISTANCE LEVELS	8 LEVELS	24 LEVELS	24 LEVELS
MAXIMUM LOAD	MAXIMUM LOAD OF 640 WATTS TO 120 RPM	MAXIMUM LOAD OF 760 WATTS TO 120 RPM	MAXIMUM LOAD OF 521,4 WATTS TO 120 RPM
MINIMUM LOAD	MINIMUM LOAD OF 14.6 WATTS TO 25 RPM	MINIMUM LOAD OF 11.5 WATTS TO 25 RPM	MINIMUM LOAD OF 9,2 WATTS TO 25 RPM
TRANSPORT WHEELS	YES	YES	YES
POWER SUPPLY	2 AA SIZE 1,5-V BATTERIES	SELF-POWERED SYSTEM	SELF-POWERED SYSTEM
SQUEEZE/OBJECT HOLDER	YES	YES	YES



ROCK LINE



MOVEMENT®



AIR BIKE G2

DIMENSIONS (L x W x H): 131,5 x 61 x 127
RESISTANCE: PROGRESSIVE RESISTANCE BASED ON RPM
DISPLAY: LCD 5,4"



AIRROWER

DIMENSIONS (L x W x H): 250 x 51,4 x 107
RESISTANCE LEVELS: AIR + 8 MAGNETIC
DISPLAY: LCD 5,4"

HILL

MADE TO ENHANCE YOUR TRAINING WITH HIGH-PERFORMANCE EXERCISES

Movement's Power Hill and Cardio Hill are two versatile pieces of equipment designed to improve your training experience. Their primary function is to simulate a stair movement and offer efficient work for different muscle groups.

They are excellent tools to develop strength and resistance of various muscles. They work all muscles from the lower limbs.

The possibility of alternating between four performance positions enables users to choose which muscles to focus on and adapt the training according to their preferences.

MOVEMENT®



POWER HILL

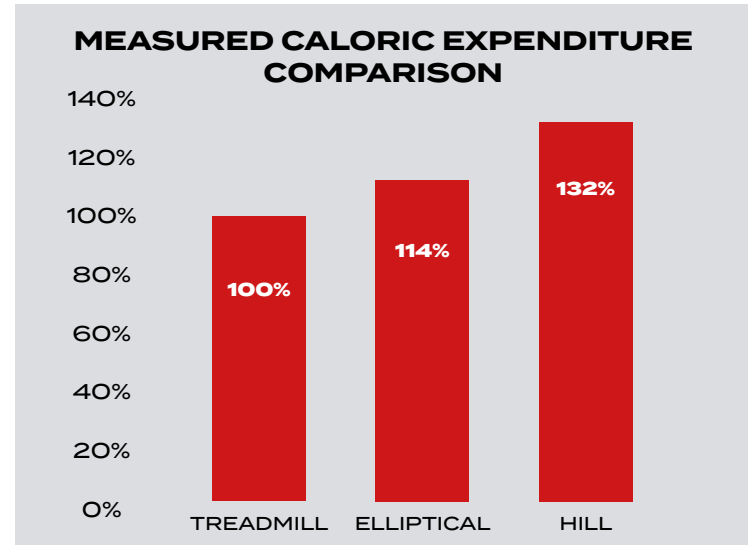
DIMENSIONS (L x W x H): 156 x 73 x 178
 RESISTANCE: VORTEX® AIR RESISTANCE SYSTEM
 DISPLAY: LCD



CARDIO HILL

DIMENSIONS (L x W x H): 156 x 73 x 178
 RESISTANCE: VORTEX® AIR RESISTANCE SYSTEM
 DISPLAY: LCD

ONE OF THE BEST EQUIPMENT TO BURN CALORIES IN SHORT TRAINING





BioNic

MOVEMENT®

BioNic

The intelligent training totem

Bionic is a compact and versatile training totem ideal for reduced spaces. It replaces the need for several pieces of equipment and offers a variety of exercises for functional and strength-building training. Bionic's digital interface guides you in personalized and adaptive training and creates a training track based on your profile, objectives, and performance, resulting in more efficient training.



BIONIC

DIMENSIONS (L x W x H)	MAX. CAPACITY
130 x 81 x 16	55 lb (25 kg)



Possibility of more than
60 exercises



THE MOVEMENT IS
now // // // // // // // // // // //

MOVEMENT®



MOVEMENT®

Life is motion

Scan the **QR Code** below to visit our website and stay updated on our latest news.



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Movement Fitness



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